

Compounded Lipotropic Injectable Solutions

LIPOTROPIC Compounds are those that help catalyze the breakdown of [fat](#) during [metabolism](#) in the body. **Lipotropic** is a fancy word for three amino acids that are essential for the health of your liver. The liver is the organ responsible for removing fat and toxins from your body, so if it is healthier, it will work better for you.

Typical M.I.C. Injection Formulation:

- **M.I.C. Injection:** – Methionine 15 mg/mL / Inositol 100 mg/mL / Choline 50 mg/mL / Cyanocobalamin (Vit B12) 250 mcg/mL / Chromic Chloride 20 mcg/mL - Injectable
- **Pyridoxine, Vitamin B6:** Vitamin B6 is necessary for the production of Pancreatic Enzymes which help you to digest food. If your digestion is good, you will be much more likely to use your food efficiently, instead of storing it as fat. – 100mg/mL - Injectable

NOTE: Town & Country Compounding can adjust the dosages, based on a physician's prescription.

M.I.C. Suggested Protocol:

Dosing – 1ml (cc) twice a week, week 1, then once a week for the balance of 90 days.
Syringe Size: 31G x 1", deep IM Injection into buttocks or arm.

These injections are set up to be used in conjunction with a diet and exercise program. As with anything in weight loss, the only way to keep the weight off long term is with a change in lifestyle.

To place an order please fax or call in a prescription to *Town & Country Compounding* pharmacy *contact information is below*

Amino Acid Information:

Methionine is one of the sulphur-containing amino acids (cysteine & cysteine are others) and is important for many bodily functions. It acts as a lipotropic agent to prevent excess fat buildup in the liver and the body, is helpful in relieving or preventing fatigue and may be useful in some cases of allergy because it reduces histamine release. **Patients with a sulfa allergy should not take this injection.**

Inositol is a nutrient belonging to the B vitamin complex, is closely associated with choline. It aids in the metabolism of fats and helps reduce blood cholesterol. Inositol participates in the action of serotonin, a neurotransmitter known to control mood and appetite.

Choline supports the health of the liver in its processing and excretion of chemical waste products within the body. Moreover, it is required for the transport and metabolism of fats and cholesterol within the body, which is important for the healthy support of the endocrine, cardiovascular and hepatic systems.

Chromium (Chromic Chloride) appears to be directly involved in Carbohydrate, fat, and protein, metabolism.

Cyanocobalamin (Vit B12) is important to keep the brain and nervous system functioning normally and for the formation of Red Blood Cells. It also plays a vital role in fatty acid synthesis and energy production.

***These statements have not been evaluated by the Food and Drug Administration. This literature is not intended to diagnose, treat, prevent or cure any disease. This information is for educational purposes only.*