



**Frequently Used Compounds**

**PODIATRY**

<b><u>Problem</u></b>	<b><u>Options</u></b>
Warts	<ul style="list-style-type: none"> <li>▪ Salicylic acid 20%/5-fluorouracil 5% in DMSO</li> <li>▪ Salicylic acid 40% or greater ointment</li> <li>▪ Deoxy-d-glucose</li> <li>▪ Cimetidine</li> <li>▪ Trichloroacetic acid</li> <li>▪ Cantharidin &amp; Cantharidin Plus</li> </ul>
Nail remover, non-surgical	40% Urea ointment
Minor surgery, lacerations	Benzocaine, tetracaine, and lidocaine PLO
Diabetic neuropathy	Combination of any of the following neuropathic agents in PLO: <ul style="list-style-type: none"> <li>▪ Amitriptyline 2% - 5%</li> <li>▪ Clonidine 0.1% - 0.2%</li> <li>▪ Gabapentin 6%</li> <li>▪ Baclofen 2%</li> <li>▪ Ketamine 1% - 10%</li> <li>▪ Lidocaine 2% - 10%</li> <li>▪ Ketoprofen 5% - 10%</li> </ul>
Toenail fungus, oral medication not tolerated and/or too expensive	<ul style="list-style-type: none"> <li>▪ Any azole antifungal (e.g., ketoconazole) in DMSO solution enhanced with 2% ibuprofen</li> <li>▪ Terbinafine 2% in DMSO solution</li> </ul>
Heel spur	Ketoprofen 10% in PLO
Hyperhidrosis of feet	Any of the following as a topical solution, gel or roll-on: <ul style="list-style-type: none"> <li>▪ Aluminum chlorohydrate</li> <li>▪ Atropine or scopolamine</li> <li>▪ Formaldehyde solution</li> <li>▪ Methenamine</li> <li>▪ Glycopyrrolate topical</li> </ul>
Excessive foot odor	Any of the following alone or in combination as a topical absorbent powder: <ul style="list-style-type: none"> <li>▪ Antifungal agent</li> <li>▪ Chlorhexadine</li> <li>▪ Triclosan</li> <li>▪ Tea tree oil</li> </ul>
Ulceration or wound	Polyox bandage or topical gel containing combination of the following: <ul style="list-style-type: none"> <li>▪ Misoprostol 0.0024%</li> <li>▪ Phenytoin 5%</li> <li>▪ Aloe Vera 0.2%-0.5%</li> <li>▪ Gentamycin or metronidazole for bacterial infection</li> <li>▪ Nifedipine 2% (calcium channel blocker) to increase blood circulation/reduce scarring</li> <li>▪ Pentoxifylline 5% as adjunct therapy to aid penetration of an active ingredient</li> </ul>
Acute or chronic pain due to inflammation or trauma	NSAID (e.g., ibuprofen or ketoprofen) 2%-10% in PLO when inflammation or bone pain is present

*\* Does not represent full compounding capabilities. Custom and physician-specific formulations are encouraged.*