



## Commonly Prescribed Compounds – Short List

### Injectables –

#### Clean Room sterile products

Intrathecal pain medication. May be combinations of pain medication

Methylcobalamin (Methyl B-12): Subcutaneous Injection; Methyl B-12 w/ cobamamide;

Methyl B-12 w/ n-acetyl cysteine

Hyaluronidase, Glutathione, Chelation, Corticotropin, Clonidine, Baclofen, Bupivacaine, Progesterone in Sesame Oil (instead of Corn Oil).

### Ophthalmics (Some Preservative Free)

Antibiotics (Vancomycin, Cefazolin, Ceftriaxone, etc.)

Antifungals (Fluconazole, Itraconazole, etc.)

Antivirals (Vidarabine Ointment)

Others (Mitomycin, Neomycin, PHMB, Chlorhexadine, Acetylcysteine, Glutathione, Timolol, Pilocarpine, etc.)

### Pain Medication Tolerance

Low-Dose Naltrexone 0.05mg to 0.1mg Capsules

#### Neuropathy

Baclofen, Amitriptyline, Ketoprofen, Capsaicin, Ketamine, Gabapentin, Clonidine, Guaifenesin, Piroxicam, Ibuprofen, etc..(or any combination) in Transdermal gel

### Shingles

Ibuprofen 2%/Gabapentin 6%/Clonidine 0.1%  
Ketoprofen 10%/Lidocaine 2%/DDG 0.2%

### Topical Anesthetics

LET Gel, (Lidocaine; Epinephrine; Tetracaine)  
Combinations of most topical anesthetics

### Iontophoresis Solutions

Dexamthasone, Acetic Acid, etc.

### Phonophoresis

Hydrocortisone 10% in Aquasonic Gel

### Erectile Dysfunction

Triple "P" Penile Injection (Tri-Mix)

Papaverine/Phentolamine/Prostaglandin E1

Double "P" Penile Injection (Bi-Mix)

Papaverine/Phentolamine

Single "P" Penile Injection

Prostaglandin E1 (up to 100mcg/ml)

### Natural Compounded Hormone Replacement

**Transdermal Creams; Vaginal Creams & Suppositories; Capsules; Troches**

Tri-Est- (80% Estriol, 10% Estradiol, 10% Estrone)

Bi-Est- (80% Estriol, 20% Estradiol)

Progesterone

Testosterone

DHEA

### Pregnancy Support

Progesterone Suppositories

Progesterone SR Capsules

Progesterone in Sesame Oil (up to 100mg/ml)

Hydroxyprogesterone Caproate

### Embryo Implantation

Sildenafil Vaginal Suppositories

### Decubitus Wound Care

Ketoprofen, Misoprostol, Lidocaine, Phenytoin

Combinations of topical wound & pain medications

### Migraines

Lidocaine 4% Nasal Spray

Ketoprofen 5%/Gabapentin 4%PLO

### Proton Pump Inhibitor Suspensions

Omeprazole Suspension

Lansoprazole Suspension

## Nausea

Promethazine Topical Gel (PLO) 50mg/ml  
Bendec Capsules (Doxylamine 10mg, Pyridoxine 10mg)  
ABH Gel or Compazine Gel

## Motion Sickness and/or Vertigo

Diphenidol  
Scopolamine Nasal Spray 2mg/ml

## Anal Fissures

Nitroglycerin 0.2% in Lidamantle HC  
Diltiazem 2%/Hydrocortisone 1%/Lidocaine 2% Cream  
Nifedipine, Diltiazem, any percentages.

## Hemorrhoids

Cohen's Rectal Ointment: Hydrocortisone, Benzocaine, Ichthamal, Phenol, Menthol, Lassar's Paste, Petrolatum  
Rectal Rockets: Peruvium Balsum, Hydroxychloroquine, Benzocaine, Nifedipine, Diltiazem, Hydrocortisone

## Aphthous Ulcers

Negatol (PhenolSulfonic Acid)  
Betamethasone 0.025% rinse

## Radiation Burns

TLC Cream  
Phenytoin 2%/Misoprostol 0.0024%/Lidocaine 2%  
Aloe 0.2% in an emollient cream base

## Radiation Dermatitis

Hydrocortisone 1%/Lidocaine 10%/Tetracaine 10%  
Benzocaine 5%/Misoprostol 0.002%  
Pentoxifylline 10%

## Dermatitis

Clobetasol 0.5%/Zinc Pyrithione 2% Topical Spray

## Warts

**Triple Acid:** Salicylic Acid 10%/Lactic Acid 10%/Acetic Acid 10%  
2-Deoxy-D-Glucose 0.2%/Cimetidine 4%/Ibuprofen 2%

Salicylic acid 20%/5-fluorouracil 5% in DMSO  
Salicylic acid 40% or greater ointment

## Diaper Rash Combinations

Cholestyramine, Resinol, Nystatin, Stomahesive Paste

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