



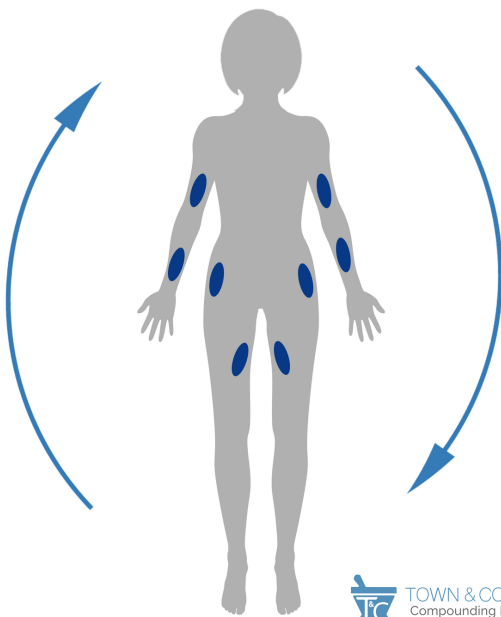
Application Areas for Topical Hormone Prescriptions

- Apply the cream to an area with a little bit of fat, but not too much fat.
- Do not apply estrogen to the pelvic area or breasts.
- Apply in a protected area where it is not easy to transfer to others, preferably under a clothed area.
- Rotate sites to apply the cream daily. (Example: right thigh, right hip, left thigh, left hip).



Application Areas for BHRT

Rotate Application Sites Daily



Application Method

- Apply the cream to the appropriate location by rubbing the dispensing device against the skin in circular motions for several minutes until the cream disappears.
- Wash your hands thoroughly after applying the cream.
- Do not shower, bathe or swim for at least one to two hours after application.



WATCH:

Step-by-step instructions for using
Topi-CLICK® Dispenser

Featuring pharmacist Jari Becker, BHRT expert



Scan to
Watch

Prevent the transfer of the hormones to others (also consider this when touching pets and children)

- Hormones may remain on the skin for up to 12 hours.
- Apply hormones to a protected area, preferably covered by clothing.
- When removing clothes, consider hormonal residue may still be present.
- Wash your hands thoroughly after applying the hormones, even if you think you didn't touch the cream directly with your hands.

Topical Application of Bio-identical Hormones from Town & Country Compounding (Topi-CLICK)



TOWN & COUNTRY
Compounding Pharmacy
We compound quality

Topi-CLICK® Operating Instructions

Read all information and instructions carefully before dispensing from the Topi-CLICK®.



STEP 1:
Pop off the cap of the Topi-Click® container by placing your thumb under the tab on the protective outer cap and pressing upward.



STEP 2:
Turn the base to dispense the number of clicks specified in the instructions on your prescription label.



STEP 3:
Watch the visual indicators when rotating base. Be sure to leave the base in the registered click position by aligning the base column with the tube node after each use.



STEP 4:
Apply by rubbing the cream which is on the top of the applicator pad to the area of skin as directed by your pharmacist.



STEP 5:
Replace cap after each dose to prevent evaporation. Be sure cap snaps on tightly.



STEP 6:
The bottom of the plunger is the indicating line; when it reaches the embossed line below the word "Refill" approximately 32 CLICKS are left. Approximately 12 CLICKS remain at the line above the word "Refill".

Topi-CLICK® is a one-time use container and not refillable. Custom Rx, LLC and/or the patent holders are not liable for any damages arising from the products dispensed in the Topi-CLICK® or its improper use.