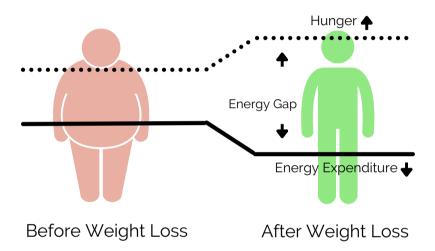
Appetite & Cravings The pitfall of weight management



Our accreditations place us in the top 1% of compounding pharmacies

Weight management is not as simple as calories in vs. calories out... If that was the case, we wouldn't see the magnitude of weight challenges that we do today. Especially for overweight or obese individuals, weight change tends to challenge metabolic demand.

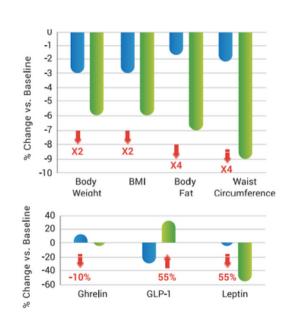
As daily energy expenditure decreases, the body's attempt to maintain equilibrium may increase hunger, leading to the dreaded weight rebound. Patients at risk for this can benefit from support of hunger hormones like GLP-1, Ghrelin and Leptin, which control our cravings and satiety.



Metabolaid®

In two double-blind placebo controlled trials, 100 subjects consuming 500mg of Metabolaid before high calorie meals for 8 weeks saw an averaged 9lbs of weight lost, with improvements in BMI, body fat, and waist circumference (1.2).

Subjects also saw a significant increase in GLP-1 (55%), along with significant decreases in Ghrelin (10%) and Leptin (55%). In other words, patients noticed reduced cravings and improved satiety after meals (1).



^{1.}Boix-Castejón M , Herranz-López M , Pérez Gago A , Olivares-Vicente M , Caturla N , Roche E , Micol V . Hibiscus and lemon verbena polyphenols modulate appetite-related biomarkers in overweight subjects: a randomized

controlled trial. Food Funct. 2018 Jun 20;9(6):3173-3184. doi: 10.1039/c8f000367j. Erratum in: Food Funct. 2018 Jul 17;9(7):4037. PMID: 29862395.

^{2.}Herranz-López M, Olivares-Vicente M, Boix-Castejón M, Caturla N, Roche E, Micol V. Differential effects of a combination of Hibiscus sabdariffa and Lippia citriodora polyphenols in overweight/obese subjects: A randomized

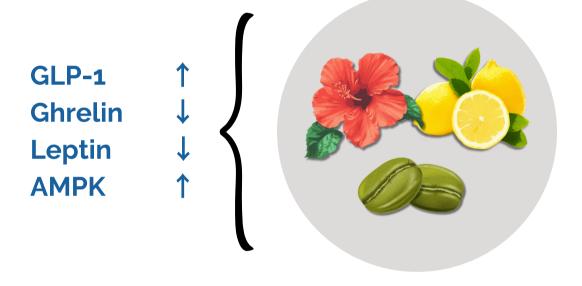
controlled trial. Sci Rep. 2019 Feb 28;9(1):2999. doi: 10.1038/s41598-019-39159-5. PMID: 30816148; PMCID: PMC6395806.

HiPhenolic: A Unique Approach to Weight Management



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A potent formula for those seeking to optimize their metabolism and cardiovascular health. This blend includes Green Coffee Bean Extract, Magnesium, and a raw material called Metabolaid® (made up of Hibiscus & Lemon Verbena Extracts) that has been featured in 7 clinical trials showing its support for weight management, satiety and appetite control, and healthy blood pressure.





† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Serving Size 2 Capsules Servings Per Container 30		cts
	Amount Per Serving	% Daily Value
Magnesium (as Magnesium Citrate USP)	50 mg	12%
Metabolic Blend (Metabolaid®)	500 mg	
Lemon Verbena Leaf Extract		*
Hibiscus Flower Extract		*
Green Coffee Bean Extract (Standardized to contain 112.5 mg Ch	250 mg nlorogenic Acids)	*